

Amy Sorro

Registered Nurse

Patient-centric and compassionate healthcare professional with demonstrated success in assessing/managing patient health, coordinating health care, and delegating activities of patient care in critical care setting. Instrumental in designing personalized care strategies tailored to individual patient requirements. Proven ability to facilitate seamless collaboration and communication with a diverse team of healthcare professionals and providers to achieve desired objectives. Adept at maintaining accurate documentation of patient's treatment/condition, as well as patient's responses to medical and nursing intervention. Skilled in overseeing initiation of care, recertification of care documentation, discharge procedures, and thorough assessments to identify necessary post-discharge resources and support for patients.

Areas of Expertise

- Patient Care & Safety
- Clinical Nursing
- Case Management
- Care & Discharge Documentation
- Healthcare Procedures
- Relationship Building
- Therapeutic Communication
- HIPPA Regulations
- Patient Advocacy & Support

Professional Experience

Utah Valley Specialty Hospital Provo, UT

2016 – Present

Clinical Nurse, UVRMC Inpatient Psychiatry Intermountain Healthcare, Provo, UT

2022 – Present

Provide specialized nursing care to patients in the inpatient psychiatry unit, addressing mental health needs and supporting overall well-being. Conduct detailed assessments of patients' mental health status, including evaluating psychological, emotional, and behavioral conditions. Engage with patients in therapeutic interactions, providing empathy, support, and guidance to manage mental health conditions.

- Collaborate with psychiatrists and other mental health professionals to implement and monitor treatment plans tailored to each patient's needs.

Clinical Nurse, UVRMC, Provo, UT

2016 – 2021

Delivered comprehensive nursing care in various settings, including preoperative and postoperative care in same-day surgery, critical care in CICU, emergency care in ED, continuous monitoring in Telemetry, and maternal and newborn care in Mother/Baby and L&D units. Performed detailed assessments of patients' health, involving physical examinations, health history, and monitoring vital signs. Provided immediate care in emergency situations, especially in high-acuity areas, such as the ED and CICU. Assisted in the labor and delivery process and provided postpartum/initial care for newborns.

- Liaised with healthcare teams to develop/implement individualized care plans for patients in each specialized unit.

Volunteer Experience

Health Screening and Education Volunteer, Utah County Health Fair, Provo, UT

First Aid Volunteer, Colonial Heritage Festival, Orem, UT

Health Screenings, Health and Wellness Fair, Lehi, UT

Resident Health Screenings, Resident Cardiovascular Health Teaching and Activity, The Seville Senior Living Retirement Community, Orem, UT

Teaching Presentation and Activity "Hear Your Heart, Suncrest Elementary School, Orem, UT

Education & Credentials

Bachelor of Science in Nursing (2019) | Utah Valley University, UT

Associate of Applied Science in Pre-Health Science (2014) | Utah Valley University, UT

Irma Burg Scholarship

Dean's List | UVU College of Science and Health Fall 2016, Spring 2017, Fall 2017

Licenses & Certifications

Certified Nursing Assistant | License #: UT000581650617, BLS

CPR, BLS, and First Aid Certified